



Western Dubuque Schools Breakfast **2023**

August/Sept 2023 K-12 Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
21	22	23	24	25
Cereal, Toas	t, Milk, Juice	Toast and Cereal	Pizza Breakfast Bagel	Whole Grain Donut
and Raisins available		Raisins	Raisins	Raisens
every morning!		Juice Cup	Juice Cup	Juice Cup
		Milk	Milk	Milk
28	29	30	31	1
French Toast Sticks	Ham Breakfast Bar	Mini Choc Donuts	Cinnamon Roll	Mini Maple Waffles
w/Syrup	w/Toast	Cherry Craisens	Juice Cup	Fresh Orange Slices
Juice Cup	Juice Cup	Juice Cup	Raisins	Juice Cup
Applesauce Cup	Raisins	Milk	Milk	Milk
Milk	Milk			
4	5	6	7	8
· HAPPY · LABOR	Breakfast Pizza	Sausage and French	Double Choc Muffin	Dutch Waffle
	Juice Cup	Toast Tornado w/Sryup	Fresh Orange Slices	Juice Cup
	Raisins	Applesauce Cup	Juice Cup	Raisins
DAY	Milk	Juice Cup & Milk	Milk	Milk
11	12	13	14	15
Strawberry Pop Tart	Pizza Breakfast Bagel	Cheese Omelet	Sausage and French	Whole Grain Donut
w/Toast *(MS/HS Only)	Juice Cup	Potato Rounds	Toast Tornado w/Sryup	Raisens
Juice Cup	Raisins	Juice Cup	Juice Cup	Juice Cup
Raisins	Milk	Raisins	Apple Slices	Milk
Milk		Milk	Milk	
18	19	20 Sausage	21	22
French Toast Sticks	Ham Breakfast Bar	Breakfast Sandwich	Cinnamon Roll	Double Choc Muffin
w/Syrup	w/Toast	Raisins	Juice Cup	Raisins
Juice Cup	Juice Cup	Juice Cup	Fresh Orange Slices	Juice Cup
Applesauce Cup	Applesauce Cup	Milk	Milk	Milk
Milk	Milk			
25	26	27	28	29
Strawberry Pop Tart	Mini Choc Donuts	Breakfast Pizza	Double Choc Muffin	Dutch Waffle
w/Toast *(MS/HS Only)	Cherry Craisens	Juice Cup	Fresh Orange Slices	Juice Cup
Juice Cup	Juice Cup	Raisins	Juice Cup	Raisins
Raisins & Milk	Milk	Milk	Milk	Milk

Menu subject to change without notice

This institution is an equal opportunity provider Fat Free, 1% white and 1% Choc Milk available daily



Reminder, If you feel you qualify for free or reduced Lunches. Please submit an application in your parent portal. Click on More then Meal Benefits.

